BIO



Dr. Suzanne Martin, DPT, PMA®-CPT, CLT has been practicing Pilates for over 30 years. She is a doctor of physical therapy, an exercise physiologist and a gold-certified Pilates expert, in private practice in Marietta, Georgia. An international presenter, she blends art and science into her writing and instruction. She has been Lead Physical Therapist for over 20 years with Smuin Ballet. As founder of Pilates Therapeutics LLC she teaches worldwide on the subjects of spinal asymmetry, cancer restoration, foot management and performing arts enhancement.

Look for her latest book from Handspring Publishers, Spinal Asymmetry and Scoliosis; Movement and Function Solutions for the Spine, Ribcage, and Pelvis. (©2018 Handspring Publishers UK)

For further information, to purchase her books and educational products, and to see her teaching schedule, go to www.pilatestherapeutics.com.